The Community Music Network, Inc.

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ARTS IN ED PROGRAM LIST:

Miss Pam's Jamboree - Pre K to 2nd graders

Time: 45 minutes for 10-25 children and several adults. Music Classroom, preschool classroom or library workshop.

(can be shortened to 35 for back to back groups within a school period)
Fee: \$250 (within 50 miles), additional travel fees apply for workshops outside of our service area) for each one hour workshop. (includes set up and tear down time. All instruments, props, and music will be provided).

Born of Dalcroze Eurythmics, the Gordon method, Kodaly, and Montessori/Waldorf origins, early childhood music specialist and former Music Together director, Pamela West-Finkle, demonstrates a proven preschool music and movement class curriculum that keeps the children engaged the entire session while having fun and learning basic music competency skills at the same time. Miss Pam uses chants, finger play, large movement, egg shakers, sticks, scarves, and percussion instruments, old folk music tunes, American dance music, and world music to lead children through a joyfully engaged class.

Introduction to Peter and the Wolf - PreK to 2nd graders

Time: 45 minutes for 10-25 children and several adults.

Music Classroom or library workshop.

Fee: \$250 (within 50 miles), additional travel fees apply for workshops outside of our service area) for each one hour workshop. (includes set up and tear down time. All instruments, props, and music will be provided).

Teaching artist Pamela West-Finkle brings along some instrument friends (her flute and bassoon), and talks briefly about the instruments who represent characters in the musical narrated story of Peter and the Wolf. As each instrument and instrument family is discussed, Miss Pam coaches the children to act out each character with the use of only movements, no words. Once the instruments and their characters have been presented, Miss Pam leads the group into actively listening to the narrated musical story while acting out the various characters based upon the identification of their various instruments and themes.

CHARACTER EDUCATION THROUGH ANIMAL PARABLES - UNICORN CROSSING

Time: 60 minutes, for school assembly, large stage presentation, or smaller classroom presentations. Also available as an online program. Grades K-6

Fees: School assembly - 60 minutes: \$350

Classroom or library presentation: (40 minutes): \$250

Online pre-recorded program: \$150

In this exploration of her 2012 Parent's Choice Award winning album, Storyteller and Songstress Pamela West-Finkle introduces a host of animal characters from her childhood on a farm in Ohio through song. There's a tom cat who marches to the beat of his own drum, a sheep who was a rebel and leader of the cows, a dog whose love of rocks can be taken as unconditional love, a snake who teaches about the food chain, stories of perseverance and faith in Amphibian Amore and Unicorn Crossing, and a retelling of the old parable of the country mouse and city mouse.

THE LEGEND OF MOUNT UTSAYANTHA - STORYTELLING TURNED TO SONG

Local History/Sense of Place/Native American Folk Tales

Time: 40 minutes, for school assembly, large stage presentation or smaller classroom presentations. Grades 3 - 12.

Fees: School Assembly: Two musicians and Princess Utsayantha. \$600

Teaching artist Pamela West-Finkle tells the story of a Native American princess, the beautiful chief's daughter Utsayantha who's tragic tale ended in a lake near Mount Utsayantha in modern day Stamford, New York. Theodore Finkle accompanies her on Native American Flute and percussion. After the telling of the tale and a short discussion about oral traditions, the audience will help to sing and play percussion on a song about the legend.

CAREER DAY - JOBS IN MUSIC!

Time: 40 minutes, for classroom or small groups. Grades 7-12 Fees: In Person: \$250 per session or negotiable for a full/half day.

Via Zoom: \$150 per session.

Pamela West-Finkle has worked in many aspects of music over the last four decades and shares her experiences with students interested in trying to make a career in music. She has been a symphonic musician in the US Army Bands and orchestras, a singer-songwriter, a recording artist and producer, a sound engineer, a film composer, a rock star, a radio DJ, a national anthem singer, a booking agent, a school music teacher, an early childhood music teacher, a Jam Camp Director, a music festival organizer, and a therapeutic musician who works in nursing homes and with the disabled. She is the founder/director of a non profit called The Community Music Network, an organization designed to bring social and therapeutic music programs to people of all ages who need the power of music the most.

HEALTH AND WELLNESS DAY - MUSIC MAKES PEOPLE BETTER!

Time: 40 minutes for classroom or small groups. Grades 4-12 or adults.

Fees: In Person: \$250 per session, Via Zoom: \$150 per session.

Most people think of entertainment when they think of music's purpose in our lives, but this workshop delves into the WHY's and HOW's of music's ability to not only entertain us, but to help us feel and process emotions, to heal trauma, to reduce and manage stress, and to provide keys to unlocking the brain. Learn about the health benefits of active musical participation, the properties of frequency and vibration that are at the foundation of all matter, and the neurological research that has taken place over the last thirty years to prove that music is one of the least invasive and most powerful tools we have to help treat mental illness, dementia/alsheimers, PTSD, and Traumatic Brain Injuries/Stroke. Music can help us in many ways and teaching artist and musical sociologist, Pamela West-Finkle, uses real life examples and stories of her work in the field to illustrate how we can use music in our own lives to stabilize emotions, recall information, and unify community.

SONGWRITING 101!

Time: 40 minute workshop. Can be extended into multiple workshops or longer workshops for a class project or if a recording of the song is desired. Small groups/Classrooms.

Fees: \$250 per workshop.

What goes into writing a song? Singer-songwriter Pamela West-Finkle takes a small group or class and discusses the songwriting process: Inspiration, structure, melody, lyrics, and chords. The songs can be something academic to help them remember content they are learning in their class (with a discussion about how songs help to put information into long term memory) or can just be a fun, silly class project on a subject of their choice. Ideally, this would be more than a single 40 minute workshop.

Add on: If your school uses Mixcraft software in any of your general music programs, Pamela West-Finkle offers a special electronic music composition workshop as well, exploring song form recommended by the Association for Composers, Authors, and Publishers and utilizing a mixture of loops and recorded tracks to create a song or background track.